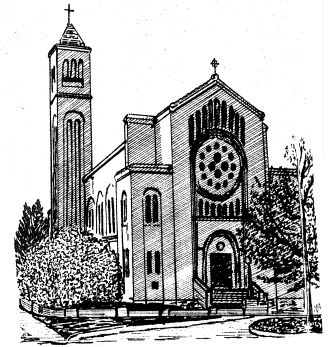


# St Christopher's Cathedral Parish, Canberra

(including St Peter Chanel's Church, Yarralumla)



16th Sunday in  
Ordinary Time  
Year B -  
18 July 2021

Archdiocese of Canberra & Goulburn  
Archbishop: Most Rev Christopher Prowse DD STD  
Administrator: Fr Trenton van Reesch  
Assistant Priest: Fr Norvin Dias

Check in here!



the code **941461** mar

Masses numbers at  
St Christopher's &  
St Peter Chanel's  
will be limited until  
further notice.

## PARISH OFFICE

55 Franklin Street, Forrest ACT 2603 (02) 6239 9846 (bh) Emergency Phone for Priests: 0491 072 304  
cathedral@cg.org.au www.cg.org.au/cathedral  
Online Payments Link: <https://www.bpoint.com.au/payments/sccp>  
Parish Secretary: Michelle O'Connor—Mon-Fri, 8.30am-12.15pm, 12.45pm-4.30pm  
Accounts Officer: Karina Widjaja—Friday, 8am-4pm

## Sunday Mass

### St Christopher's

Cnr Canberra Ave & Furneaux  
Street, Forrest (Manuka) ACT

Sat. Vigil: 5.00pm

Sunday: 8.00am,  
11.00am (livestreamed),  
5.30pm

### St Peter Chanel's

Cnr Weston & Loch Streets,  
Yarralumla ACT

Saturday: 6.00pm Vigil

Sunday: 9.30am  
2.00-3.00pm Adoration  
& Confessions

## Weekday Mass

### St Christopher's

Monday to Friday: 7.30am &  
12.15pm

Saturday: 9.00am & 12.15pm

### St Peter Chanel's

Tuesday: 5.30pm

Thursday: 10.00am (9.30am  
Adoration): Anointing Mass first  
Thursday of the month.

## Reconciliation

### St Christopher's

Wednesday: 11.30am-12.00noon

Thursday: 6.00 - 6.30pm

Saturday: 11.00am - 12noon

### St Peter Chanel's

Tuesday: 6.00 - 6.30pm

Saturday: 5.15 - 5.45pm

## Adoration

### St Christopher's

Tuesday to Friday: 5.00-6.00pm

## Rosary at the Cathedral

Mon-Fri 8am, Sat 11:40am, Sun  
4:45am

## Baptisms

Sundays: 12.30pm

## Weddings

St Christopher's: Saturday

1.30pm & 3.00pm

St Peter Chanel's: By arrangement

Dear parishioners and visitors,

Imagine the excitement of the twelve, returning to Jesus, after being sent out to preach repentance, to heal the sick, and to drive out evil, as we hear in today's Gospel. But now, they discover a problem: the crowds won't leave them alone! It seems that just as the Twelve shared in Jesus' ministry, they now equally share his popularity. Such was the situation, we hear that the poor disciples have no time, even to eat!

Now comes the revelation from Jesus himself, of the foundational *character* of the disciple, of the one who bears the name of Christian – not just in name but in their very being. Marvelling at what they had experienced, how they had changed people and indeed, how they themselves had changed, Jesus now extends to them an instruction, or rather, an invitation. "Ok, now come away a while... come away and rest."

And so we hear they board a boat. "Great!", the disciples must be thinking. "We'll go for a day or so... recoup, undistracted, relaxed, alone." Yet as soon as they arrive, the crowds are already there! The crowds are so persistent that the disciples, now exhausted, and even now with Jesus' by their side, feel they cannot find one moment of solace. The disciples must have thought "are you kidding!" "Good one Jesus... you said to come away for a while and rest!" "Alone? We're not alone at all!"

Did Jesus just 'get it wrong'. "Sorry guys, I didn't realise that everyone knew this place!" Did Jesus just not realise? ... not quite.

The reality is, they *had* come away, and in just the way Jesus had intended. They had returned to the *presence of the Lord* and in so doing had been renewed, reformed and reminded. Renewed in their confidence, amid the darkened world they face. Re-formed in the image, of the One in whom they were Created. And reminded of the dignity they bear, as those who profess the faith, and followers in their Master's footsteps.

This *presence* was not one which promised that every worry would be cast away. Nor that every thought had to be absent from their mind, for God to be worshiped. Or equally, that every distraction needed to sink into the abyss for them to be at 'rest'.

Jesus wanted his disciples to come away and rest, yet the rest he spoke of, the "coming away" which he invited the disciples too, was of a nature so much more nourishing and necessary than some lonely patch of turf could provide. What Christ was truly saying was: "Come away a while, and *rest in Me!*"

In days and times like these, such a reminder is more necessary than ever. We cannot escape the worries and burdens which besiege us on every side.

When we come to Mass, when we come to the Sacraments – rest doesn't necessarily manifest itself. Just as for the disciples, we're often still distracted, not always relaxed and certainly not alone.

Just like the disciples, the demands that are made on us daily, remain. The worries that pester our minds, endure. Yet what does change in this moment, is the fact that we dwell in the presence of a God who dwells in that distraction, anxiety, and in the midst of the mess.

In prayer, and in the high point of the Mass, we come away (even if so very briefly) and rest in God, our Creator; and in so doing we are nourished and reminded of who we are and the dignity we bear. Yet note too, Jesus doesn't say "Come away... and stay away!" But come away, 'for a while!' Which implies a return to the work from which we seek rest. So the life of the Christian. We labour in the world as witnesses to the God of Truth, Beauty and Goodness. This is what we receive in the Sacraments – this is what we do every Sunday when in the Mass we 'come away' – not with the intention of staying, but returning to the world, where the crowds and the distractions pick up again, right off from where we left them. Only to faithfully 'come away' again, to *rest* in Him.

Saint Joseph was certainly one who knew the necessity of resting in God. Indeed, God spoke to Joseph when he was the most silent and receptive – when he was asleep! Asleep, he hears the call to *have no fear*, and take Mary as his wife. In his slumber he heard the call to flee to Egypt, to save the child. Pope Francis has a powerful devotion to 'Sleeping St. Joseph'. He writes: "Joseph's rest revealed God's will to him. In this moment of rest in the Lord, as we pause from our many daily obligations and activities, God is also speaking to us... But like Saint Joseph, once we have heard God's voice, we must rise from our slumber; we must get up and act".

Our parish has introduced its own Sleeping St Joseph statue in the Sacred Heart Chapel, which the Archbishop will bless at the end of the 11am Mass next week (25<sup>th</sup> July). This day will also fittingly mark the inaugural *World Day of Grandparents and the Elderly*. The Archbishop, on this wonderful occasion, will extend a special blessing upon all grandparents and older parishioners, giving thanks for the wisdom and faith they offer and the treasure they gift the Church, their grandchildren and the world.

Father Trenton van Reesch  
Administrator, St Christopher's Cathedral Parish

# PARISH NEWS

## PARISH MINISTRIES

### Director of Music

Jaki Kane

### RCIA

Please contact parish office for next program.

### School of Religion

See ad under Parish News.

### Youth Minister

Anh Tran

Email: anh.tran@cg.org.au

### Weekly Liturgical Calendar

Mon 19 Jul Weekday, Ordinary Time

Tue 20 Jul Weekday, Ordinary Time

Wed 21 Jul Weekday, Ordinary Time

Thu 22 Jul St Mary Magdalene

Fri 23 Jul Weekday, Ordinary Time

Sat 24 Jul Weekday, Ordinary Time

Sun 25 Jul 17th Sunday in Ordinary Time

### Legion of Mary

Monday at 5.30pm  
Haydon Hall

### St Vincent de Paul

Assisting people in need and  
combatting social injustice in our  
community

### Adventurers Youth Group

(primary school age)  
every 1st & 3rd Sunday of the  
month, 8.45am - 9.25am @ SPC

### Good Shepherd Prayer Group

Wednesday at 7pm SPC  
Parish Room (Feb-Dec)

### Christian Meditation

Saturday at 5pm SPC

## Other Communities

### Spanish Community

First Sunday of the month at  
11.30am SPC

### African Community

Second Sunday of the month at  
11.45am SPC

### Filipino Community

First Sunday bi-monthly at  
5.00pm SPC

**LET US NOT BECOME COMPLACENT - Maintain social distancing at all times, particularly when forming the line for Communion. Please remain familiar with current protocols.**

**WORLD DAY FOR GRANDPARENTS AND THE ELDERLY** - Starting this year, Sunday 25 July, Pope Francis has announced the first, *World Day for Grandparents and the Elderly*, observed close to the memorial of Saints Joachim and Anne, the grandparents of Jesus. Occurring in the Year of Amoris Laetitia Family, Pope Francis has granted a plenary indulgence to grandparents, the elderly, and all those who participate in a solemn celebration of this day as well as to those who spend time (actually or virtually) with an elderly brother or sister in need on this day. <https://slmedia.org/blog/popefrancis-message-for-the-1st-world-day-forgrandparents-and-the-elderly> More to come next week!

**END OF FINANCIAL YEAR (EOFY)** - In Canberra parishes, from July 1<sup>st</sup>, no more tax deductions will be available for Planned-Giving. A small percentage of Planned-Giving in each parish was previously given to the *Canberra Catholic Schools Building Fund*; the only tax deductible component of your offering. That Fund is no longer attached to our parishes. Tax deductibility remains for special Archdiocesan donations e.g. The *Annual Retired Priests' Collection*. In 2022 tax receipts from parishes will not be necessary. Please contact the parish office if you are unsure of this explanation, we *sincerely* thank you for your ongoing financial support in our Gospel mission.

**PLANNED GIVING CONTRIBUTION RECEIPTS:** Tax receipts for 2020/21 will be emailed to you by the end of July if you have provided your email to the Cathedral Parish Office. All other receipts will be provided on request only to the Parish Office. Planned Giving Envelopes for the 2021-2022 financial year are available for pick up in the foyer of the church. Please use only these new envelopes from July onwards, rather than any remaining 2020-2021 envelopes. (Some envelopes numbers will be changed for this coming financial year so we want to avoid any confusion from using the old envelope numbers). Thank you very much to all our generous givers.

**RCIA 2021-22** - Interested in learning more about Jesus, exploring faith and life's meaning? Come and journey with a like-minded community? RCIA (the *Rite of Christian Initiation for Adults*) is an opportunity to learn more about the Catholic faith in a supportive, welcoming environment. The program is open to all and is particularly designed for those interested in exploring the idea of becoming Catholic or receiving the Sacraments for the first time. We Thursday evenings, 6pm, starting 16 September. To register or for more information, email [cathedral@cg.org.au](mailto:cathedral@cg.org.au)

**PROFESSIONAL LEARNING SEMINAR - THLS601 EUCHARIST** - August 7 & 8, 28 & 29- via Zoom. ACU *Centre for Liturgy* in conjunction with ACU's Faculty of Theology and Philosophy. The Eucharist in the Roman Catholic tradition, explores the biblical and anthropological roots of the Eucharist and traces the development of its major theological themes, and more. Visit <https://www.acu.edu.au/about-acu/institutes-academies-and-centres/acu-centre-for-liturgy/professional-development/professional-learning-seminar> Close of registrations, July 30.

**COMPOSING FOR A CHURCH AT PRAYER - ACU Centre for Liturgy** Online public lecture by Fr J. Michael Joncas, "Composing for a Church at Prayer" Monday July 19, 2021 10am-11.30am (AEST). Visit <https://www.acu.edu.au/PublicLectureCfl> Explore the theory and practice of one composer in creating liturgical music over the last half century. Explore: the texts sung in liturgical worship; the music to which these texts belong; and the ritual(s) for which they are intended. Fr Joncas will give insight into composition and their reception.

**FAN THE FLAME - PLENARY ASSEMBLY 3 Oct 2021** - Let us listen to this Wisdom Jesus' speaks now, in our time and place. Updates, formation materials and resources for personal and communal prayer, reflections can be found at: [www.plenarycouncil.catholic.org.au/fanthefflame/](http://www.plenarycouncil.catholic.org.au/fanthefflame/)

**SACRAMENT OF RECONCILIATION/CONFESSION** - "God never tires of forgiving us; we are the ones who tire of seeking his mercy." — Pope Francis, *Evangelii Gaudium*. Cathedral: Wed: 11:30am-12noon; Thurs: 6:00pm; Sat: 11:00am-12noon. St Peter Chanel's: Tues: 6:00pm & Sat: 5:15pm (before Mass). *Come back to me with all your heart* - Joel 2:12

### 2021 CATHEDRAL PARISH

### SCHOOL OF RELIGION PROGRAM

**First Reconciliation** classes continues 20 Jul for 11 Aug.

**First Eucharist** classes start 17 Aug for 12 Sept. More information and Enrolment forms can be found on [www.cg.org.au/cathedral](http://www.cg.org.au/cathedral) or contact the Parish Office on 6239 9846.

### New ways of Giving

- Direct Debit
- Qkr app
- Tap & Go
- Collection Point

More information:  
[www.cg.org.au/cathedral](http://www.cg.org.au/cathedral) or  
contact Parish office 6239 9846.

**Mass will be live streamed** from the St Christopher's Cathedral. Sunday at 11:00am. The congregation will be filmed during the livestreaming. <https://www.catholicvoice.org.au/mass-online/>

**PRESENT PROTOCOLS - Please be familiar with current guidelines**

- In accordance with government restrictions, 260 people are permitted in the Cathedral, respecting the 2sqm p/p rule.
- ALL PARISHIONERS & VISITORS **MUST USE THE CBR CHECKIN APP** and sign in upon entry (including children) . Records are destroyed after 28 days.
- Facemasks are MANDATORY. Facemasks can only be removed to receive Holy Communion.
- Holy Communion is received only under one Species and only on the hand.
- Physical distancing rules **still apply**. Families can sit together. Please use hand sanitiser upon entry.
- There will be no physical contact at the sign of peace.
- Please DO NOT return bulletins, but keep or dispose of appropriately. **Please maintain social distancing 1.5m, at all times, including in the single line formed to receive Holy Communion.**

**PLEASE DOWNLOAD THE CHECK IN CBR APP** —To assist with COVID-19 compliance and data collection requirements, use the "Check In Cbr" App. Download onto your smartphone and register, then simply scan QR code at the church entrance each visit.

**Canberra Catholic Bookshop**— Extensive range of Sacramental & Religious Gifts, Books, Music & Church Supplies - You are always welcome: Opening Hours—Monday – Friday 9:30 am – 5 pm; Saturday 9 am – 1 pm. Ph: 6239 9888, Ground floor, St Christopher's Pastoral Centre, 55 Franklin Street, Forrest.



**Marriage and Family** - Visit [cgatholic.org.au/marriagefamily/](http://cgatholic.org.au/marriagefamily/) for all information on the groups, movements, ministries and programs offering formation and support for marriage & family life in our Archdiocese.

**Blackfriars Lecture Series - Homer among the Health Workers: metis, culture and closing the gap, a personal reflection** 20 July, 6pm. Presented by Craig Ritchie, Chief Executive Officer of the Australia Institute of Aboriginal and Torres Strait Islander Studies (AIATSIS). Registration: [ocd.canberra@acu.edu.au](mailto:ocd.canberra@acu.edu.au)

**A Bake for Babies Cake Stall** 22 July, 9am-3pm, main foyer, Calvary Public Hospital Bruce with a large variety of baked goods, aprons, tea towels and jewellery will be available. Funds raised will be used for the Newborn Intensive Care Foundation to provide vital equipment for the Special Care Nursery at Calvary Hospital. Enquiries: Mary 62544084.

**Reflection Day for Women** 24th July - Father Epeli Qimaqima is hosting a Reflection Day for women of all ages and states of life to be held at St Joachim's, Lidcombe in Sydney. Commencing with Holy Mass and will include time for personal prayer, adoration and confession, as well as the opportunity for fellowship. Registration details can be found at: <https://www.vocationcentre.org.au/events/reflection-day-for-women-2021/>

**Ecumenical Fellowship Day Service**—Friday 30 July, 11am, Ainslie Church of Christ, Limestone Avenue, Ainslie. This Service written by Australian Church Women, ACT unit is be used Australia wide. All welcome.

**Retreat - Finding God in Australia**—6-8 Aug. Fr John Hill will lead a retreat to be held at St Clement's, "Finding God in Australia". Contact St Clement's to register. [info@stclement.com.au](mailto:info@stclement.com.au) or phone 02 6380 5222 Monday – Friday 9am – 5pm.

**Inaugural Tim Fisher Oration on Ethics in Public & Political Life** - 26 August 2021, 6:30pm. Great Hall, Parliament House, Canberra. \$30.00. visit [www.tfo.org.au](http://www.tfo.org.au) or contact [jeanie.alberto@cg.org.au](mailto:jeanie.alberto@cg.org.au).

**CHANGE OF DATE Archdiocesan Women's Taskforce Dinner** Due to COVID considerations the Mary Magdalene dinner will now be held on Friday 3rd September, still 6.30pm at the Southern Cross Club, Woden. Your ticket remains valid for Fri 3rd September. If you require a refund, no problem, contact [elisabeth\\_doherty@hotmail.com](mailto:elisabeth_doherty@hotmail.com) or ring 0432 608 310. Limited tickets still available. Three course meal \$65. Bookings essential at <http://bit.ly/MaryMagdaleneDinner>

**COVID-19 Vaccination News**— Pope Francis and the Australian Catholic bishops support and reassure: [info: catholic.org.au/coronavirus](http://info:catholic.org.au/coronavirus).

**Aid to the Church in Need Australia:** Today, Aid to the Church in Need continues to ensure that spiritual aid and pastoral care reaches areas of need. ACN ensures that tyranny of distance or harsh terrain stand in the way of the spiritual life of the Catholic people. Every year we will finance some 400 cars, 200 motorcycles, 300 bicycles and a couple of boats. Visit [www.aidtochurch.org/transport](http://www.aidtochurch.org/transport).

**We pray for...**

**Those who are ill:** Fr Laurie Blake, Teddy Kartadinata, Florencio Fariña, Alejandra Martinez, Colliss Parrett, Arianna Vignale, Stella Lazar, Rod Duncan, Anthony, David Kibbey, Paul Mychailuk, Kalum, Ira Tirtobudi, Nicholas Dyne, Hubo Ballivian, Fr Peter Gannon.

**Anniversaries of death:** Berty Jacob, Ben Chifley, David Black, Ted Rodrigues, Brothers Vales, Duro Kish, Helen Mary O'Brien, Lady Mary Lawler, Frs Barney & Paddy Lynch, Br Paul Nixon mgl, Dianne Fraser, Gerald Kilmartin, Elizabeth Virgara, Carmel Barton, Domenico Nirta, Kevin Hogan, Lynnette Cousens, Catherine Duffy, Harry Galvin, Kevin Kelly, Fr Wally Stefanski, Walter Ghirardello, Rosamond Rumble, Vera Urh, Damian McMahon, Judith Campbell, Dr John Connors, Kevin Kelly, Msgr John Hoare, Lilian Green, Richard Halpin, Phyllis Ferry, Colin (Mick) Kilpatrick, Patrick Brazil, Bernabe Baez, Merv O'Brien, Dorothy Clowry, Rita Langsford, Giocondo Furlan

**Recently Deceased:** Stephen Evans, Lois Billings, John Cusack, Mauve O'Collins, Fr Brian Maher, Martin Toohey, Joseph Meli, Carmelo Makabenta, Joy Finlayson, Fernando Urbaz Levi, Debbie Kensey, Clarence Pickard, John Thompson, Graziella Foini, Evelyn O'Keefe, Betty Unwin,



# Readings of the Day – 16th Sunday in Ordinary Time —Year B



Cathedral QR code

**Entrance Antiphon:** *See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.*

**Responsorial Psalm:** *The Lord is my shepherd; there is nothing I shall want.*

**Gospel Acclamation:** *Alleluia, alleluia! My sheep listen to my voice, says the Lord; I know them, and they follow me Alleluia!*

**Communion Antiphon:** *The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.*

## First Reading

Jer 23:1-6

‘Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks! ‘See, the days are coming – it is the Lord who speaks – when I will raise a virtuous Branch for David, who will reign as true king and be wise, practising honesty and integrity in the land. In his days Judah will be saved and Israel dwell in confidence. And this is the name he will be called: The Lord-our-integrity.’

## Second Reading

Eph 2:13-18

In Christ Jesus, you that used to be so far from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

## Gospel Reading

Mk 6:30-34

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, ‘You must come away to some lonely place all by yourselves and rest for a while’; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

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### LITURGICAL MINISTRIES ROSTER

Lectors			
Mass	17/18 July	24/25 July	
5.00pm (SCC)	Ruth Meadows Stewart Unwin	Scott Pobihun Ruth Meadows	
6.00pm (SPC)	Wanda Kaucz Melissa Dixon	Melissa Dixon Mike Nash	
8.00am (SCC)	Phil Pocock Liza Quinn	Louise Zavone Phil Pocock	
9.30am (SPC)	Clarice Poh Dominic Chin	Wanda Kaucz Lynn Chan	
11.00am (SCC)	Scott Pobihun Liz Porra	Ceciley Matthews Edwina Hyman	
5.30pm (SCC)	Jacob Madden Becky Langworthy	Denis Fisher Denise Fisher	

St Christopher's Cathedral Parish encompasses the areas of Barton, Causeway, Deakin, Forrest, Fyshwick, Griffith, Kingston, Manuka, Parkes, Red Hill, Yarralumla